



Join the fight for LIFE all year long

JANUARY

New Year and a healthier you! Gather your colleagues, neighbours and friends and start a weekly walking or running club. Visit www.cancer.ca/marathons to register for a 5k, 10k, half or full marathon and fundraise for the fight against cancer.



FEBRUARY

Do you have a big event coming up (a graduation, birthday, etc.)? Let your guests know that in lieu of gifts, you would like them to make a meaningful donation to the Canadian Cancer Society.



MARCH

March is Nutrition Month. Check out our monthly e-newsletter for healthy recipes to add to your repertoire.



APRIL

Who do you wear your daffodil for? Ask your employer or neighbourhood businesses to place a daffodil pin box in the workplace, volunteer to help us sell pins or visit www.fightback.ca to find out where pins are available in your community.



MAY

Put that spring cleaning to good use. Organize a neighbourhood yard sale with proceeds going to the Society. One person's trash is another person's treasure!



JUNE

Gather your friends and family into a team and join *Relay For Life*. Our inspirational fundraising event brings your community together to celebrate life and fight cancer. Visit www.relayforlife.ca for more information.



JULY

Host a BBQ, yard sale, or other fun summertime event with proceeds benefitting the Society! Visit www.cancer.ca/holdyourownevent to create your own online fundraising page.



AUGUST

Looking for something fun and different? Check out www.geocaching.com or www.charitychallenge.ca for a unique and fun fundraising experience! Learn more about these hot trends and then register your event at: www.cancer.ca/holdyourownevent



SEPTEMBER

Hold your own head shave event. Take pledges to shave your head or to cut your hair to donate to make wigs for cancer patients. www.beautifullengths.ca



OCTOBER

During Breast Cancer Awareness Month encourage the women in your life to reduce their risk. You can also help raise funds to support life-saving research at work by organizing a dress down day or selling pink ribbons.



NOVEMBER

The invitations may be rolling in for candle parties, kitchenware parties, toy parties... Why not host your own party? You, your friends and your children could design and decorate cards, make jewelry and create holiday décor. Auction off the items and then donate the proceeds to the Canadian Cancer Society.



DECEMBER

Get in the holiday spirit by purchasing Society holiday cards to send to your friends and family. Everyone loves the personal touch of finding holiday cards in the mailbox. This year make them even more meaningful. www.cancer.ca/greetingcards



For more information:

Call 1 800 268-8874 to speak with a member of the Corporate and Community Partnerships Team, or email us at holdyourownevent@ontario.cancer.ca



Canadian Cancer Society / Société canadienne du cancer

To learn more about holding your own event, visit: www.cancer.ca/holdyourownevent