



Get involved

Relay For Life is more than a fundraiser. This inspirational event unites a collective of Canadians who are a force-for-life in the face of cancer.

It's a chance for participants of all ages to come together and celebrate the participants of hope (cancer survivors) in their communities as well as honor and remember those we've lost to cancer. Signing up for Relay helps us fund groundbreaking research, provide the largest cancer support system in the country and advocate on behalf of all Canadians for important social change. With your support, we can continue to help those affected by cancer live longer and fuller lives.

Participating in Relay For Life as a corporate team is a fun-filled team-building opportunity. There are many ways to get involved. Use this toolkit help your team sign-up and fundraise, train for Relay and get excited about event – all while making a meaningful difference!

- ✓ **74% say their job is more fulfilling when they are provided opportunities to make a positive impact at work***

*2016 Cone Communications Employee Engagement Study

Corporate engagement opportunities

Register a corporate team

Register your corporate team at relayforlife.ca and choose from 84 Relay For Life locations across Canada! Take advantage of our fundraising awards and rewards to be recognized for your involvement while helping people across the country live longer and fuller lives.

Become a multi-site team (MST)

A [multi-site team](#) is a team that participates in more than one event location. A national team page will be created on our website to showcase the fundraising efforts of your multi-site team across the country.

Promo codes

Cover the minimum donation for all employees by providing a promo code to be used at registration. Companies will be invoiced after the event for the promo code usage.

Corporate matching gift

Does your company have a matching gift program? Double your employees' fundraising efforts by matching their donations. Complete our [corporate matching gift form](#) to be eligible for a tax receipt.

Local sponsorship

Become a Relay For Life local sponsor for your community event. Make a financial contribution and receive local recognition for your support. To learn more about local sponsorship opportunities, please contact relay@cancer.ca.

Workplace giving with Benevity

Benevity is a corporate social responsibility software that provides employees a platform to donate to causes they care about such as Relay For Life. Please use our [Benevity instructions](#) to donate through this platform.



Corporate fundraising ideas

Kick-off your fundraising

Introduce your organization to Relay For Life! Register online, personalize your team page and set a team fundraising goal. Invite your colleagues to get involved by hosting a kick-off meeting or sending an email to encourage everyone to sign-up, donate and fundraise. Looking for additional support? Invite CCS to host an interactive in-person or virtual Lunch & Learn presentation for your team.

Go sugar-free

Encourage your team members to give up sugar for a week and collect pledges for support. If someone is craving a sweet treat, they can make a self-pledge to Relay For Life and opt-out for the day.

Meeting background challenge

Challenge a participant to display a funny background on all virtual meetings until they raise a set amount for Relay For Life. Once they've reached their fundraising threshold, they can pass on the challenge to another participant.

An amusing background idea could be to *Flush Cancer* by displaying a toilet wallpaper background. A very bright and obnoxious yellow background could be another fun alternative.

Playlist incentive

Create a company or team Spotify playlist! Share your playlist with employees and invite anyone to add a song for a donation.

Staff skills auction

Enlist staff who have a special skill such as playing the guitar, knitting or speaking another language. Auction in-person or virtual lessons with that staff member.

Go social

Share your fundraising team page to your social media pages and challenge your network to help you reach your fundraising goal. **#RelayForLife**

Train for Relay

Boost staff moral and encourage healthy living while preparing for Relay with your colleagues! Here's how:

- Challenge your team to various exercises and activities. Invite participants to collect pledges to complete the challenge or allow members to opt-out by making a self-pledge. Some ideas might include a step challenge (*walk 10,000 steps a day for one week*) or a plank challenge.
- Set-up in-person or virtual exercise classes and request a small donation to join!

Executive challenge

Invite a member of your leadership team to participate in the executive challenge to help raise funds. Participants must complete the challenge or choose to buy-out by matching the funds raised.

Examples could include:

- Shave their head/facial hair, dye their hair
- Sing karaoke, line dance to the macarena or communicate through a puppet for the day

Virtual trivia

Write your own questions (*or find some online*) and virtually gather participants. It doesn't have to be a standard quiz; you can be creative with a round on company history or team member baby photos.

Questions? Let's talk!

We have several tools and resources available to support your corporate team fundraising efforts including presentation templates, email templates and collateral materials.

The Canadian Cancer Society is here to help! Please connect with us at relayforlife@cancer.ca.

Thank you so much for your support of Relay For Life.